

HELP CARD



Coalition for the Homeless of Houston/Harris County

Phone: (713) 739-7514 -- Fax: (713) 739-8038

Information & Referral 24 Hours, 7 Days a Week

www.homelesshouston.org

**This is a resource guide for all homeless individuals and families on the street. All of the following programs help homeless people directly. Please visit our website for a more comprehensive Homeless Services Directory and to download an up-to-dated HELP CARD.

EMERGENCY SHELTERS

Men

| | | |
|----------------------|------------------------------|----------------|
| ☎ + Star of Hope | 1811 Ruiz Houston 77002 | (713) 227-8900 |
| ☎ + Salvation Army | 2407 N Main St Houston 77009 | (713) 224-2875 |
| Magnificat House | 3209 Austin St Houston 77004 | (713) 529-4231 |
| Modest Family Health | 1008 Danube Houston 77051 | (713) 733-2458 |

Men, Women & Families

| | | |
|----------------------|-------------------------------|----------------|
| Center for Empower | 5609 E. Mount Houston 77051 | (281) 449-0994 |
| Bay Area Homeless | 3406 Wisconsin Baytown, 77522 | (281) 837-1654 |
| Family Promise | 2723 Lilac, Pasadena 77053 | (281) 991-1084 |
| Family Promise | 1207 Thompson, Conroe 77301 | (936) 441-8778 |
| Salvation Army | 304 Avenue E Conroe 77301 | (936) 760-2440 |
| +Star of Hope Family | 419 Dowling Houston 77003 | (713) 222-2220 |

Women

| | | |
|----------------------|-----------------------------|----------------|
| Loaves & Fishes | 2009 Congress Houston 77004 | (713) 224-1373 |
| Modest Family Health | 1008 Danube Houston 77051 | (713) 733-2458 |
| Mary's Miracles | 6207 Hirsch Road 770026 | (866) 801-8205 |

Women and Children

| | | |
|-----------------------|-----------------------------|----------------|
| Mission of Yahweh | 10247 Algiers Houston 77041 | (713) 466-4785 |
| + Salvation Army | 160 McGowen Houston 77004 | (713) 650-6530 |
| + Star of Hope Family | 419 Dowling Houston 77003 | (713) 222-2220 |

18 - 21yrs

| | | |
|----------------|--------------------------------|----------------|
| Covenant House | 1111 Lovett Blvd Houston 77006 | (713) 523-2231 |
|----------------|--------------------------------|----------------|

CRISIS INTERVENTION HOTLINE (24hr)

| | | |
|--------------------------------------|----------------------|----------------|
| MHMRA Psychiatric Emergency Services | 1502 Taub Loop 77030 | (713) 970-4600 |
|--------------------------------------|----------------------|----------------|

Battered Women/Children

| | |
|---------------------------------------|----------------|
| Houston Area Women's Center | (713) 528-2121 |
| Bridge Over Troubled Waters | (713) 473-2801 |
| Family Time Foundation | (281) 446-2615 |
| Fort Bend Women's Center | (281) 342-4357 |
| Montgomery Co. Women's Center | (281) 292-4155 |
| Montrose Counseling Center - L.G.B.T. | (713) 529-0037 |
| Bay Area Turning Point | (281) 286-2525 |
| New Horizon Family Center - S.A. | (281) 424-3300 |
| Yahweh's House of Houston | (281) 608-6440 |

Street Outreach Hours Phone#

| | | |
|---------------------------------|--------------------|----------------|
| DAPA (Substance Abuse) | 24 Hours x 7 Days | (713) 783-8889 |
| SEARCH (Homeless) | 8am - 4pm x 5 Days | (713) 739-7752 |
| MHMRA (Mental Health) | 8am-9pm x 7 Days | (713) 970-7520 |
| Covenant House (18-24) Ext 5603 | 7pm - 9pm x M-F | (713) 523-2231 |
| US Vets (Veterans) | 24 Hours x 7 Days | (713) 204-1838 |

Symbols Indicate:

☎ Project Access Bus Stops ☎

+ Health Clinic on Site +

| MEALS / FOOD | Breakfast | Lunch | Dinner | Phone |
|--|-------------------------|---------------------------------|--------|----------------|
| Cross Roads 3827 Broadway Blvd | 7am - 1pm Tue & Thur | | | (713) 252-3604 |
| ☎ Bread of Life 1703 Gray | M,T,W,TH Sat 7:30-9am | 6am - Noon Sun 10-1pm | | (713) 650-0595 |
| John S. Dunn's Center (The Beacon) 1212 Prairie | | 9am - 3pm Fri, Sat, Sun, Mon | | (713) 220-9737 |
| ☎ Emergency Food Bank 5401 Fannin | | 11-1pm Sun-Fri | | (713) 528-3663 |
| Loaves & Fishes 2009 Congress | | 11-11:30 Tue-Sun | | (713) 224-1373 |
| Martha's Kitchen 322 S. Jensen | | 11-12 M-F | | (713) 224-2522 |
| ☎ Palmer Way Station 6221 S. Main St. | 7:30-9 M-F | | | (713) 529-6196 |
| ☎ SEARCH 2505 Fannin | | 11:30 M-F | | (713) 739-7752 |

HOUSING Days/Time Phone

| | | |
|---|--------------|----------------|
| Harris County Housing Authority | M-F, 9-5 | (713) 578-2100 |
| City of Houston Housing Authority (Sec.8) | M-F, 9-5 | (713) 260-0600 |
| Baytown Housing Authority (Sec.8) | M-F, 8-5 | (281) 427-6686 |
| New Hope Housing - SRO | M-F, 9-5 | (713) 222-0290 |
| 1414 Congress - SRO | M-F, 9-5 | (713) 224-1414 |
| Canal Street Apartments -SRO | M-F, 9-5 | (713) 224-2821 |
| DeGeorge at Union Station - Veteran's | M-F, 9-5 | (713) 224-1418 |
| Midtown Terrace - Veteran's | M-F, 9-5 | (832) 203-1626 |
| Hamilton Street - SRO | M-F, 9-5 | (713) 223-1995 |
| Jensen Plaza Apartments - SRO | M-Sun, 24hrs | (713) 697-4600 |
| Jackson Hinds Gardens - SRO | M-F, 9-5 | (713) 697-7711 |
| Northline SRO | M-F, 9-5 | (713) 694-4100 |
| Temenos | M-F, 9-5 | (713) 659-3237 |
| Jane Cizik Garden Place | M-F 8 - 5 | (713)328-1976 |

INCOME / JOB TRAINING Address Phone

| | | |
|---|------------------|------------------|
| Career & Recovery | 2525 San Jacinto | (713) 754-7000 |
| ☎ Compass | 1212 Prairie | (713) 229-8319 |
| Texas Workforce Commission TWC (Unemployment) | | 1 (800) 939-6631 |
| TWC Tele-Serve | | (281) 933-9393 |

DROP IN CENTERS Address Hours Phone

| | | |
|-------------------------|--|------------------------------------|
| Beacon Day Center | 1212 Prairie Fri, Sat, Sun. Mon, 9-5pm | (713) 590-3321 |
| ☎ +SEARCH | 2505 Fannin | M-F, 8-3pm (713) 739-7752 |
| ☎ Bristow Center (PATH) | 2627 Caroline | M-F, 7-4pm (713) 970-7413 |
| ☎ +Lord of the Streets | 3401 Fannin | M-F, 8-4pm (713) 526-0311 |
| ☎ Palmer Way Station | 6221 Main Street | M-F, 7-10am (713) 529-6169 |
| ☎ +Bread of Life | 1703 Gray | M,T,W,TH 7pm-7am (713) 223-8131 |
| SAFE SPOT (Youth 13-24) | 2819 Hillcroft | T-F, 10-3pm (713) 974-6266 |

+HEALTH CLINICS Address Phone

| | | |
|---|---|--|
| +Harris County Health | GOLD CARD ELIGIBILITY | (713) 566-6509 |
| ☎ + Healthcare for the Homeless - Houston | SEARCH Clinic - 2505 Fannin 77002 Cathedral Clinic - 1212 Prairie 77002 Star of Hope Clinic - 1811 Ruiz 77002 | (713) 276-3073 (713) 220-9730 (713) 226-5426 |
| +Central Civic Community | 3315 Delano St. 77004 | (713) 831-9663 |
| +Central Civic Community | 8610 MLK Blvd 77033 | (713) 734-0199 |
| + San Jose Clinic | 301 Hamilton 77002 | (713) 228-9411 |
| + Acres Home | 818 Ringold St. 77088 | (281) 448-6391 |
| + Aldine | 4755 Aldine Mail Route 77039 | (281) 985-7600 |
| + Baytown | 1602 Garth Rd. Baytown 77520 | (281) 427-6757 |
| + Casa de Amigos | 1615 N. Main St. 77009 | (713) 222-2272 |
| + E.A. "Squatty" Lyons | 1712 First M20 Humble 77338 | (281) 446-4139 |
| + Gulfgate | 7550 Office City Dr. 77012 | (713) 495-3700 |
| + Martin Luther King | 3601 N. MacGregor Way 77004 | (713) 873-4700 |
| + Northwest | 1100 West 34 th St. 77018 | (713) 861-3939 |
| + Settegast | 9105 North Wayside Dr. 77028 | (713) 633-2020 |
| + Strawberry | 927 E Shaw Rd. Pasadena 77506 | (713) 982-5900 |

HOSPITALS Address Phone

| | | |
|--------------------|-------------------------------|----------------|
| ☎ Ben Taub | 1504 Taub Loop Houston 77030 | (713) 873-2000 |
| Lyndon B. Johnson | 5656 Kelly St., Houston 77026 | (713) 566-5000 |
| ☎ Veteran's Admin. | 2002 Holcombe | (713) 791-1414 |

Please feel free to make copies of this card
Last Up-Date 10/10/2012

| CHEMICAL DEPENDENCY SERVICES | Phone |
|---|----------------|
| Council on Alcohol and Drugs | (713) 942-4100 |
| Alcoholics Anonymous | (713) 686-6300 |
| Narcotics Anonymous | (713) 661-4200 |
| Cenikor Foundation 4525 Glenwood Ave, Deer Park 77536 | (281) 476-0088 |
| Center for Success & Independence (youth 13-25) | (713) 426-4545 |
| Riverside General Hospital at HRC 4514 Lyons Ave | (713) 331-2500 |
| Open Door Mission 5803 Harrisburg | (713) 921-7520 |
| Career & Recovery 2525 SanJacinto | (713) 754-7000 |

| LEGAL SERVICES | Hours | Phones |
|-----------------------------------|----------------|----------------|
| Lone Star Legal Aid | M-F, 8-5 | (713) 652-0077 |
| Houston Volunteer Lawyers Program | M-F, 8:30-5:30 | (713) 228-0732 |
| HBA Legal Line 1st & 3rd Wed | 5PM – 9PM | (713) 759-1133 |
| Cathedral Justice Project | M-F, 8-5 | (713) 220-9780 |

| IDENTIFICATION SERVICES | Address | Phone |
|--------------------------------|---------------------|----------------|
| Operation ID | 5100 Travis Street | (281) 833-3508 |
| Harris County Vital Statistics | 1001 Preston | (713) 755-6438 |
| Bureau of Vital Statistics | 8000 N. Stadium Dr. | (713) 247-1686 |
| TX Dep. Of Public Safety | 3502 Dover | (713) 943-0725 |

| HIV SERVICES | Address | Phone |
|----------------------------|--------------------|----------------|
| Aids Foundation of Houston | 3202 Wesleyan | (713) 623-6796 |
| Legacy Community Health | 215 Westheimer | (713) 830-3000 |
| Thomas Street Clinic | 2015 Thomas Street | (713) 873-4000 |
| Montrose Counseling Center | 401 Branard | (713) 529-0037 |
| AAMA | 204 Clifton | (713) 926-9491 |

| MENTAL HEALTH SERVICES | Phone |
|---|----------------|
| MHMRA Hotline (Mental Health Emergency's) | (713) 970-7000 |
| Mental Health Association – Referral Line | (713) 522-5161 |
| MHMRA Mobil Crisis Outreach Team (MCOT) | (713) 970-7520 |

| Assistencia Para Inmigrantes/Refugiados | Phone |
|---|-------------------------------|
| AAMA | 204 Clifton (713) 926-9491 |
| Catholic Charities | 2900 Louisiana (713) 526-4611 |
| La Rosa Family Services | 5203 Fulton (713) 699-3974 |

| VETERAN SERVICES | Address | Phone |
|--------------------------|------------------|----------------|
| Us Vets at the DeGeorge | 1418 Preston | (713) 797-2913 |
| US Veteran's at Midtown | 4640 Main Street | (832) 203-1626 |
| VA Med Ctr. HCHV | 2002 Holcombe | (713) 794-7848 |
| V.A. Hospital | 2002 Holcombe | (713) 791-1414 |
| Salvation A Harbor Light | 2407 N. Main St. | (713) 224-9200 |

| School District Liaisons | Phone |
|--------------------------|----------------|
| HISD | (713) 556-7237 |

**Please feel free to make copies of this card*

** Last Up-Date 10/10/2012*

| TRANSPORTATION | Address | Phone |
|----------------|---------------------------|------------------|
| Metro | 1900 Main Street | (713) 635-4000 |
| Metro Lift | 5700 East TX Frwy | (713) 225-0119 |
| El Espresso | 7100 Harrisburg | (713) 926-6621 |
| Greyhound | 2121 Main Street | 1 (800) 231-2222 |
| El Espresso | 2201 Main Street | (713) 650-6565 |
| Project Access | Call for ticket locations | (713) 276-3073 |

| IMPORTANT Phone Numbers / Hotlines | Phone |
|--|------------------|
| Police / Fire / Medical Emergency's | 911 |
| Police Non-Emergency | (713) 884-3131 |
| City of Houston Services (713)837-0311 | 311 |
| United Way Help Line (713) 957-4357 | 211 |
| Poison Control Center | 1 (800)-222-1222 |
| Hearing impaired - TTY | (713) 974-2703 |
| Center for Independent living - Disabilities | (713) 974-4621 |
| Social Security Admin 3100 Smith | 1 (800) 772-1213 |
| Teen Hot Hotline | (713) 529-8336 |
| Ask Your Nurse | (713) 633-2255 |
| GOLD CARD ELIGIBILITY Harris County | (713) 566-6509 |
| Texas Homeless Education Department | 1 (800) 446-3142 |
| TWC Tele-Serve – Unemployment | (713) 750-0520 |
| TX Dept of Human Services 6118 Scott | (713) 748-8450 |
| Harris County Social Services | (713) 696-7900 |
| American Red Cross | (713) 526-8300 |
| Baytown Housing Authority | (281) 427-6686 |
| Youth Advocates, Children 12-21 | (713) 923-4270 |
| Life Houston – Baby Formula & Diapers | (713) 528-6044 |

| FOOD PANTRIES | Phone |
|---|----------------|
| Chicano Family Services | (713) 923-2316 |
| Catholic Charities | (713) 526-4611 |
| Emergency Aid Coalition | (713) 528-3663 |
| Interfaith Ministries of Greater Houston | (713) 522-3955 |
| Houston Food Bank | (713) 223-3700 |
| Braes Interfaith Ministries | (713) 723-2671 |
| Christian Community Service Center | (713) 871-9741 |
| Cypress Assistance Ministries | (281) 955-7684 |
| Fair Haven Food Pantry | (713) 467-4363 |
| Gulf Coast Community Service Association | (713) 393-4700 |
| Target Hunger | (713) 226-4953 |
| St. Jerome's St. Vincent De Paul | (713) 468-6920 |
| St. Vincent De Paul (Information on Food Pantry in your zip code) | (713) 468-6920 |

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| Shelters & Services | Address / Cross Streets | METRO & Project Access | About Project Access |
|-------------------------------------|---|----------------------------------|---|
| Salvation Army Men | 2407 N. Main St. near Morris, North of Downtown | 78 ☞ + | Project Access provides free transportation to the homeless along a designated route in the Downtown/Medical Center area. Tickets are required and can be obtained at the following Ticket Distribution Sites: Healthcare for the Homeless – Houston Clinic, Lord of the Streets, MHMRA of Houston/Harris County Bristow Center, Open Door Mission, Palmer Way Station, SEARCH, Star of Hope Men's Development Center. Route schedules may also be obtained at Ticket Distribution Sites. |
| Star of Hope–Men's Development | 1811 Ruiz @ Chenevert, near HWY 59 entrance ramp DT | 30, 6 ☞ + | |
| Mission of Yahweh–Women & Children | 10247 Algiers @ Gessner, Northwest | 36 | |
| Magnificat House–Singles | 3209 Austin St @ Elgin, Midtown | 5, 1, 60, 25, 11, Rail | |
| Salvation Army– Women and Children | 1603 McGowen @ Crawford, Midtown | 80, 131, 40, 85, 36, 30, Rail + | |
| Star of Hope–Family | 419 Dowling, between Texas & Franklin, just east of Downtown | 3, 48 + | |
| Covenant House – 18-24yrs | 1111 Lovett Blvd @ Yoakum, Montrose | 42, 82 | |
| Operation ID | 5220 Travis St., Fannin, Travis & Oakdale, Museum District | 1, 8, 25, Rail s ☞ | |
| Riverside General Hospital at HRC | 4514 Lyons Ave @ Waco, East of Downtown | 80 + | |
| Bread of Life | 1703 Gray @ Jackson across the street from St.Johns Church | 30, 77, 33, 102, 44 | |
| Martha's Kitchen | 3222 S. Jensen @ Evella, off Hwy 59 North | 6 | |
| Loaves & Fishes | 2009 Congress @ Hwy 59, near Minute Maid Park, Downtown | 246, 3, 48 | |
| Emergency Aid Coalition | 5401 Fannin @ Prospect, Medical Center | 1, 8, 25, Rail | |
| Palmer Way Station | 6221 S. Main St. | Rail, 1 ☞ | |
| Ben Taub - Hospital | 1504 Taub Loop @ N. Macgregor, off Fannin, Medical center. | Rail, 1 ☞ + | |
| Lyndon B. Johnson - Hospital | 5656 Kelley between Lockwood & Homestead, off of 610 North | 1 + | |
| SAFE Spot (Youth 13-24) | 1017 Hawthorne St. (west of Montrose street) | 41, 81, 82 | |
| Veteran's Administration - Hospital | 2002 Holcombe, between Braeswood & Almeda, Medical Center. | Rail, 1 ☞ + | |
| SEARCH | 2505 Fannin @ McGowen, Midtown | 25, 8, 9, 1, 5, 11, 60, Rail ☞ + | |
| Thomas Street Clinic HIV | 2015 Thomas Street @ Bishop off N. Main St. North of Downtown | 9 ☞ + | |